



WiBF In-Person Masterclasses

WiBF is excited to announce our **in-person Masterclass** line-up, featuring topics across leadership, AI, productivity, communication, mental health, and more. Each 3-hour session can be **delivered onsite at your office** or offered in a hybrid format for **up to 25 participants**.

Priced at \$6,000 + GST, the experience includes interactive breakout activities and a seamless, fully coordinated process managed by the WiBF team. Choose from a diverse selection of topics tailored to your organisation.

AI, DIGITAL & FUTURE SKILLS

► MICROSOFT FOR PRODUCTIVITY Sydney and Hybrid

A practical workshop demystifying Microsoft tools and helping participants reduce digital overwhelm.

PRODUCTIVITY, FOCUS & EFFECTIVENESS

► DELEGATION AND PRODUCTIVITY Sydney and Hybrid

A leadership session teaching outcome-based delegation, trust-building, and empowered team ownership.

► EMAIL MASTERY Sydney and Hybrid

A practical inbox-reset workshop. Half the session is hands-on, helping participants achieve inbox zero and sustainable habits.

► THE ART OF FOCUS Sydney and Hybrid

Practical strategies to improve concentration, reduce distraction, and create sustainable focus in high-pressure environments.

► THE WAY OF THE PRODUCTIVITY Sydney and Hybrid

Techniques to manage attention, focus, projects, and habits in a high-noise world.

► PERSONAL LEADERSHIP EFFECTIVENESS Melbourne

Explore the three traits of highly trusted leaders and build a personal effectiveness game plan.

CONFIDENCE, MINDSET & PERSONAL GROWTH

► CLARITY, CONFIDENCE & BOUNDARIES Sydney

Define clear boundaries, communicate with confidence, and lead authentically while protecting wellbeing and strengthening team trust and collaboration.

► CONFIDENCE & OFFICE POLITICS Sydney

Build confidence to navigate office politics with clarity and integrity, strengthening influence while protecting psychological safety and professional boundaries.

► GIVING & RECEIVING FEEDBACK Melbourne

Learn frameworks for constructive conversations, addressing performance, and ending with clear agreements.

► PRESENTING WITH CONFIDENCE Melbourne

This session shares strategies to manage nerves, speak confidently, and handle tricky questions.

LEADERSHIP, INFLUENCE & EXECUTIVE PRESENCE

➤ INFLUENCING & PERSUADING

Sydney and Hybrid

Explore influencing styles, persuasion psychology, and adapting approaches to diverse people and cultures.

➤ BRAVE CONVERSATIONS IN LEADERSHIP

Sydney and Hybrid

Focused on confidence, resilience, and productivity. Learn to build brave habits, strong boundaries, and better alignment between personal and organisational goals.

➤ LEADING FROM THE INSIDE OUT

Sydney

A mindset-focused leadership session exploring subconscious patterns and collaborative behaviours.

➤ AMPLIFYING EXECUTIVE PRESENCE

Sydney

Elevate your visibility and influence by honing presence, clarity, and confident decision-making that inspires trust across all levels of the organisation.

➤ CREATING YOUR PERSONAL & PROFESSIONAL BRAND

Melbourne

A practical session covering authenticity, communication, behaviour, and strategies to build an authentic personal and professional brand.

➤ LEADING WITH PURPOSE AND AUTHENTICITY

Auckland and Hybrid

Focusing on belonging, autonomy, purpose, inclusive cultures, leadership identity, and adaptive strategies for complexity.

TEAM CULTURE, ENGAGEMENT & HIGH PERFORMANCE

➤ CRACKING THE ENGAGEMENT PUZZLE

Sydney and Hybrid

Understand motivation, human needs at work, and strategies for engaged, high-performing teams.

➤ THRIVING TEAMS IN TRICKY TIMES

Sydney and Hybrid

Learn how to build resilience, trust, and collaboration while shifting from "survival mode" to thriving.

➤ BUILDING HIGH-TRUST TEAMS

Sydney

This session offers hands-on activities demonstrating psychological safety and rapid learning cycles.

➤ ACCOUNTABILITY

Sydney

Discover the framework for shared accountability and building a culture of excellence within your teams for success.

➤ DIVERSITY, EQUITY & INCLUSION – UNCONSCIOUS BIAS

Sydney

Explore practical ways to build high-performing teams and embed DEI for long-term success.

➤ CREATING HIGH PERFORMING TEAMS

Melbourne

Learn the five core factors of high performance and build a plan for 2026 team engagement.

COMMUNICATION, FEEDBACK & STAKEHOLDER MANAGEMENT

➤ SUPERCHARGE YOUR TEAM COMMS

Sydney and Hybrid

Identify communication "rules," reduce overwhelm, and create a Team Comms Manifesto for clarity and collaboration.

➤ COMMUNICATING WITH CONFIDENCE & IMPACT

Sydney

Develop clear, influential communication skills that enhance visibility, foster trust, and support psychologically safe, productive workplace relationships.

➤ ADAPTING COMMUNICATION TO STAKEHOLDERS

Melbourne

Understand communication styles, tailoring messages, and engaging high-value stakeholders.

WELLBEING, RESILIENCE & MENTAL HEALTH

» MENTAL HEALTH IN THE WORKPLACE – RESILIENT TEAMS

Sydney

Learn to recognise common mental health challenges, reduce stigma, and integrate mental health into broader leadership and wellbeing strategies.

» RETHINKING RESILIENCE

Sydney

Explore a healthier, modern approach to resilience that prevents burnout, restores energy, and supports sustainable leadership in complex environments.

» MEDITATION FOR MODERN LIFE

Sydney and Hybrid

Discover accessible meditation techniques designed to improve focus, reduce stress, and support wellbeing in busy professional environments.

» BREATHING TO THRIVE

Sydney and Hybrid

Learn practical breathing techniques that help regulate stress, improve focus, and support energy, calm, and resilience throughout the day.

» MASTERING STRESS

Sydney and Hybrid

Develop practical strategies to better manage stress, build emotional resilience, and maintain wellbeing in demanding environments.

» OPTIMUM SLEEP

Sydney and Hybrid

Explore evidence-based approaches to improving sleep quality, recovery, energy, and overall cognitive performance.

» NERVOUS SYSTEM RESET

Sydney and Hybrid

Learn practical techniques to reduce stress, regulate emotions, and restore calm in high-pressure environments while building resilience for work and life.

» SLEEP EXPERIENCE

Sydney and Hybrid

An immersive session exploring relaxation, recovery, and practical techniques to support deeper, more restorative sleep.



HOW TO BOOK A SESSION:

To enquire about booking a WiBF Masterclass for your organisation, either in-person or hybrid, please contact the WiBF Team at contact@wibf.org.au.

Our team can provide further information on session formats, customisation options, locations, and availability to help deliver a tailored learning experience for your teams.

women
banking
and
finance